English

Saastal

Cuisine in the Saas Valley

Welcome

to the Saas Valley – where you'll find everything from traditional Valais specialities to international gourmet cuisine. The culinary offerings of the numerous restaurants in the holiday region Saas-Fee/Saastal are vast and diverse. This culinary brochure provides an overview of the culinary delights that you can look forward to during your stay in the Saas Valley.

CONTENTS

- $\rightarrow 01$ Restaurants 6
- \rightarrow 02 Mountain restaurants 20
- $\rightarrow 03$ Coffees / Tearooms



Fine Dining & Dreaming

NEW Restaurant Zer Schlucht & Hotel La Gorge

RESTAURANT ZER SCHLUCHT +41279575222 | HOTEL LA GORGE +41279581680 BLOMATTENWEG 2 - 3906 SAAS FEE | WWW.LAGORGE.CH | INFO@LAGORGE.CH

Restaurants

BOOK YOUR TABLE ONLINE

saas-fee.ch/en/lunchgate



POSTAUTO BUS TIMETABLE

postauto.ch/en/timetable





SAAS-FEE

ALPHITTA

Cosy restaurant in the Wildi with a rustic atmosphere. Traditional Valais specialities are served here.

→ Contact

Wildistrasse 72 +41 27 957 10 50 info@alpendoerfli.ch alpendoerfli.ch

ARVU STUBA

Built entirely of Swiss stone pine, this inn serves Swiss specialities as well as many other seasonal and international dishes.

 \rightarrow Contact

Untere Dorfstrasse 62 +41 27 957 27 47 info@arvu-stuba.ch arvu-stuba.ch

BELMONT

The many variations of cordon bleu are the speciality in this restaurant with a view of the Mischabel mountain range.

→ Contact

Gletscherstrasse 8 +41 27 530 12 28 apart@belmont-saas-fee.ch belmont-saas-fee.ch

PIZZERIA BOCCALINO

Italian restaurant with a menu to satisfy every taste. Various different pizzas and pasta are served here.

→ Contact

Dorfstrasse 50 +41 27 957 17 31 info@pizzeria-boccalino.ch pizzeria-boccalino.ch

CARNOTZET EUROPA

Many different fondues and a rich selection of wines are served here.

 \rightarrow Contact

Hannigstrasse 41 +41 27 958 96 00 info@europa-saasfee.ch europa-saasfee.ch

CÄSAR RITZ

In this gourmet restaurant you can enjoy a seasonal selection of à-la-carte dishes, which can also be combined to create a menu as desired.

→ Contact Dorfweg 1 +41 27 958 19 00 info@walliserhof-saasfee.ch

walliserhof-saasfee.ch

CHÄMI-STUBA

The specialities here include stone-oven pizzas, homemade pasta and a selection of meats from the charcoal grill.

→ Contact Dorfstrasse 21 +41 27 957 17 47 chaemi-stuba@bluewin.ch

chaemi-stuba.ch

DA RASSO

Italian specialities such as pizza or pasta as well as other varied and seasonal dishes are served here.

→ Contact

Obere Dorfstrasse 46 +41 27 957 15 26 info@da-rasso.ch da-rasso.ch

DEL PONTE

In this Italian restaurant you can enjoy pizzas from the wood-fired oven, homemade pasta, as well as meat and fish dishes.

 \rightarrow Contact

Dorfweg 1 +41 27 958 19 00 info@walliserhof-saasfee.ch walliserhof-saasfee.ch

DON CICCIO

Enjoy various Italian specialities such as pizza and pasta – the dishes are also available as gluten-free upon request.

 \rightarrow Contact

Bielmattstrasse 6 +41 27 957 40 20 donciccio@bluewin.ch donciccio-saasfee.ch

DÜ - ASTRID'S FONDUE HITTA

The ,dü' is the perfect place to discover specialities from the canton of Valais. They range from meat and cheese fondues, to freshly prepared raclette to Valais dry-cured meat and salads. Only open in winter. \rightarrow Contact Wildistra +41 27 9 info@flet

→ Contact

Untere Gasse 3 +41 79 356 40 92 welcome@due-saasfee.ch due-saasfee.ch

ESSSTUBE

Here you can find culinary delights for every taste: meat and fish dishes, pasta, traditional food and wok dishes.

 \rightarrow Contact

Hannigstrasse 47 +41 27 957 00 22 info@essstube.ch essstube.ch

FEE CHÄLLER

A typical Valais restaurant in the heart of Saas-Fee where you can find cheese fondue, rösti and meat dishes.

 \rightarrow Contact

Obere Dorfstrasse 30 +41 27 958 15 60 saasfee@sunstar.ch saasfee.sunstar.ch

FLETSCHHORN

A daily set meal made of organic and regional ingredients awaits you, together with the perfect wine to accompany your meal. You can also choose a dish from the standard menu.

Contact
Wildistrasse
+41 27 957 21 31
info@fletschhorn.ch
fletschhorn.ch



Hay soup

INGREDIENTS

- 50 g hay flowers (available from the pharmacy)
- ½ 1 water
- 1/2 1 Gewürztraminer grapes
- 30 g butter
- 30 g fine plain flour
- 1/2 l cream

Salt, white pepper from the mill, nutmeg Fresh flowers as garnish

- → Bring the Gewürztraminer grapes to the boil in a pot and reduce the heat to half. Then add the water and bring it to the boil with the hay flowers.
- $\rightarrow\,$ Remove the pot from the hob and allow the ingredients to infuse for approx. 20 min utes before straining them.
- $\rightarrow\,$ Melt the butter in a pot and add the flour until it creates a light roux.
- $\rightarrow\,$ Pour the hay flower water over the roux and bring to the boil once again.
- $\rightarrow\,$ Add the cream and cook all ingredients on a medium heat for approx. 8 to 10 minutes.
- $\rightarrow\,$ Season with salt, pepper and nutmeg. Serve the soup in a bowl and garnish with flowers.

FONDUE - STÜBLI

This cosy inn serves classic Swiss dishes and a large selection of different cheese fondues and raclette.

→ Contact

Dorfweg 1 +41 27 958 19 00 info@walliserhof-saasfee.ch walliserhof-saasfee.ch

HOFSAAL

The HOFSAAL is well-known for its creative and delicate cuisine using fresh, specially selected products from Switzerland and all over the world, that are treated with care and respect.

→ Contact Haltenstrasse 10 +41 27 958 75 75 info@schweizerhof-saasfee.ch schweizerhof-saasfee.ch

LA CABANA

Not only can you get to know Swiss cuisine here, but you will also be served various traditional dishes from Portugal.

→ Contact

Untere Dorfstrasse 8 +41 27 530 06 85

LA FERME

Cosy restaurant in the best location with a beautiful sun terrace and exquisite dishes – from simple and traditional to exceptionally delicious.

→ Contact Obere Dorfstrasse 30

+41 27 958 15 60 saasfee@sunstar.ch saasfee.sunstar.ch

LES AMIS / LOKAL

If you love burgers, then this is the place for you. Here you can assemble your own burger to your taste.

→ Contact

Obere Dorfstrasse 15 +41 27 530 50 15 info@lesamis-saas-fee.ch lesamis-saas-fee.ch

MISTRAL

Here you will find local, seasonal, international and vegetarian dishes made with fresh ingredients from the region.

\rightarrow Contact

Gletscherstrasse 1 +41 27 958 92 10 info@hotel-mistral.ch hotel-mistral.ch

RESTAURANT 4000

Fresh menus are prepared here daily, and can be enjoyed on the sunny terrace or in the restaurant with its magical view of the mountains.

→ Contact

Panoramastrasse 1 +41 27 958 50 50 wellnesshostel4000@youthhostel.ch

RESTAURANT & TEA-ROOM SPORTING

There are snacks and pastries from the in-house bakery as well as a selection of warm dishes.

→ Contact

Untere Dorfstrasse 36 +41 27 957 22 85 supibeck@bluewin.ch

SAASERSTUBE

Enjoy regional delicacies, vegetarian and vegan specialities, our famous Saasi burger and exclusive flambé table service.

→ Contact

Lehnstrasse 1 +41 27 958 98 96 info@saaserhof.ch saaserhof.ch

SCHÄFERSTUBE

Here you will find traditional and honest cooking with loving attention to simplicity. Specially selected wines round off the menu.

→ Contact

Obere Gasse 32 +41 27 957 25 37 welcome@schaeferstube.ch schaeferstube.ch

SKIHÜTTE BURGENER

Here you will find home-style cooking – the Fondue Chinoise and delicious hamburgers with homemade fries are a must.

→ Contact Dorfstrasse 43 +41 27 958 92 80 info@hotel-burgener.ch the-larix.ch

STEAKHOUSE CENTRAL

Enjoy top-quality gourmet meat dishes. You will be served a wide variety of steaks on hot stone platters.

 \rightarrow Contact

Obere Dorfstrasse 30 +41 27 957 25 45 info@steakhouse-saasfee.ch steakhouse-saasfee.ch

TENNE

Delightful dishes from traditional Swiss cuisine await you. Speciality: roast chicken

- \rightarrow Contact
- Bielmattstrasse 30 +41 27 957 12 12 hotel.tenne@saas-fee.ch hotel-tenne.ch



THE CAPRA BRASSERIE

Here you will find seasonal cuisine made with local ingredients. Enjoy both international specialities and traditional Swiss dishes.

→ Contact

Lomattenstrasse 6 +41 27 958 13 58 welcome@capra.ch capra.ch

THE LARIX

Italian restaurant for every taste with various pasta and fish dishes, as well as other delicacies.

→ Contact Gletscherstrasse 14 +41 27 958 92 80 info@the-larix.ch the-larix.ch

VIEUX CHALET

Homely and rustic restaurant in the Valais style with 20 different cheese fondues, fondue parties, Fondue Chinoise and Bourguignonne, as well as exquisite wines from the Valais region.

→ Contact Untere Dorfstrasse 30 +41 27 957 28 92 info@vieux-chalet-saas-fee.ch vieux-chalet-saas-fee.ch

WALDHÜS BODMEN

The homestyle cooking presents you with a wide selection of familiar dishes, local delicacies and seasonal dishes such as game specialities.

→ Contact

Panoramastrasse 42 +41 27 957 20 75 info@waldhues-bodmen.ch waldhues-bodmen.ch

WALLISERKANNE

The restaurant serves five-course menus that vary day-to-day, as well as a small selection of à-la-carte dishes.

 \rightarrow Contact

Lomattenstrasse +41 27 958 10 18 info@allalin.ch allalin.ch

ZER SCHLUCHT

In this modern restaurant, you will be served regional dishes and seasonal products à-la-carte.

→ Contact

Blomattenweg 2 +41 27 958 16 80 info@lagorge.ch lagorge.ch

ZUR MÜHLE

Rustic restaurant with Valais charm and a relaxed atmosphere. Only seasonal dishes with fresh ingredients are served here, along with game specialities from their own hunts.

→ Contact Dorfstrasse 61 +41 27 957 26 76 info@zurmuehle-saas-fee.ch zurmuehle-saas-fee.ch

SAAS-GRUND

ALPHA

Enjoy some home comforts in this $cosy \rightarrow Contact$ restaurant with a menu of several freshly prepared dishes and Valais specialities.

- → Contact
 - Hotel Bärgsunnu +41 27 957 20 06 ifno@hotelalphasaas.ch hotelalphasaas.ch

BÄRGSUNNU

Various Valais and Swiss specialities are on the menu every evening at this restaurant.

→ Contact Address +41 27 957 25 18 hotel@baergsunnu.ch baergsunnu.ch

BERGHEIMAT

Enjoy a vast selection of meat specialities, which are also served on a hot stone. There is also a varied selection of pizzas to choose \rightarrow Contact from.

→ Contact

Hotel Restaurant Bergheimat +41279572066bergheimat@top-of-saas.ch top-of-saas.ch

FDFN

Expect homestyle cuisine with Valais specialities here.

- - Saastalstrasse 68 +41 27 957 29 39 info@eden-saasgrund.ch eden-saasgrund.ch

MOULIN

In this classic Swiss à-la-carte restaurant. you will be spoilt for choice with different specialities, including from your own table grill.

→ Contact Saastalstrasse +41 27 957 29 12 info@hotel-moulin.ch hotel-moulin.ch

ROBY

In this stylish restaurant, you will find a seasonal menu, various meat specialities and a wide selection of pizzas.

- Saastalstrasse 367 +41 27 957 12 62
 - info@roby.ch roby.ch



Restaurant Essstube www.essstube.ch

Hannigstrasse 47 +41 97 957 0099 Anett & Martin Beutler



SAAS-ALMAGELL

CHANNA

A varied menu awaits you. Here you can enjoy various meat dishes, pasta and delicious pizzas from the wood-fired oven.

→ Contact

Haus Channa +41 27 957 26 21 channa@bayard-art.ch bayard-art.ch

JOCK'S TEAROOM, LOUNGE & BISTRO

Greetings from Scotland! Sit back and enjoy the Scottish atmosphere with over 40 varieties of whisky on offer.

→ Contact

Furusandstrasse 7 +41 27 957 30 30 jock.rs@bluewin.ch

KRISTALL-SAPHIR

Here you will be served dishes made with local products such as veal, mountain cheese, rye bread and homemade sausages. In summer you can enjoy fresh trout from the rock pond.

→ Contact

Talstrasse 43 +41 27 958 17 00 kristall@kristall.ch kristall.ch

MATTMARK

Located directly on the dam wall, it's the place to enjoy delicacies such as rösti, rarebit (cheesy toast) and meat dishes. The terrace offers a breathtaking view of the reservoir. The restaurant is open from mid-June to mid-October.

→ Kontakt

Am Stausee +41 27 957 29 06

MATTMARKBLICK

As well as meat from the cooking stone, you can expect numerous seasonal dishes such as venison stew (Hirschpfeffer) and homemade Spätzli pasta.

→ Contact

Talstrasse 129 +41 27 957 30 40 info@mattmarkblick.ch mattmarkblick.ch

MONTE MORO

This restaurant has a warm and homely feel and serves various local specialities.

 \rightarrow Contact

Talstrasse 129 +41 27 957 30 40 info@monte-moro.ch monte-moro.ch

PIRMIN ZURBRIGGEN

Discover the surprising 5-course evening menu of creative gourmet cuisine.

→ Contact

Furusandstrasse +41 27 957 23 01 pirmin.zurbriggen@rhone.ch wellnesshotel-zurbriggen.ch

PIZZERIA CENTRAL

Indulge in different Italian specialities. As well as typical dishes such as antipasti and spaghetti, you can also enjoy a quality piece of meat or the exquisite pizzas from the wood-fired oven.

 \rightarrow Contact

Dorfplatz 5 +41 27 957 17 17 info@centralsaastal.com centralsaastal.ch

WALDEGG

A daily set meal is offered as well as a small à-la-carte menu.

→ Contact Talstrasse 205 +41 77 486 26 65

SAAS-BALEN

ENZIAN

A restaurant deeply rooted in the village community and open to guests from all over, also offering a varied menu.

→ Contact

Address +41 27 957 20 87 norbert.enzian@bluewin.ch restaurant-enzian.ch

Mountain restaurants

TIMETABLES CABLE CARS

saas-fee.ch/timetables



POSTAUTO BUS TIMETABLE

postauto.ch/en/timetable



SAAS-FEE

ALPENBLICK 2029 M

- Swiss cuisine
- Homemade cakes
- Beautiful panorama
- On the way from the village of Saas-Fee towards Hannig
- → Contact

+41 76 539 32 78 info@alpenblick-saasfee.ch alpenblick-saasfee.ch

BRITANNIAHÜTTE SAC 3030 M

- Wholesome cuisine for recharging after extensive mountain tours or hikes
- Homemade cakes

→ Contact +41 27 957 22 88 info@britannia.ch britannia.ch

REVOLVING RESTAURANT MITTELALLALIN 3500 M

- Extensive menu
- Local meat specialities
- Highest revolving restaurant in the world

→ Contact +41 77 459 30 71 drehrestaurant@saas-fee.ch

FELSKINN 3000 M

- Delicious tarte flambée
- Varied menu
- in a sunny location
- → Contact
 - Address +41 79 231 27 58 bf3000.saas-fee@gmx.ch

GLETSCHERGROTTE 2000 M

- Homely restaurant right next to the ski slopes and hiking trails
- Traditional local cuisine made with fresh and homemade produce
- Delicious selection of desserts
- → Contact

+41 27 957 21 60 info@gletschergrotte.ch gletschergrotte.ch

HANNIG 2340 M

- Hearty meals
- Fresh cakes
- Exquisite view of the Saas mountains

→ Contact

+41 27 957 14 19 hannig2350@hotmail.com

LÄNGFLUH 2870 M

- Hearty cuisine in the middle of the ski region
- Large sun terrace
- open in winter only

\rightarrow Contact

+41 27 958 11 00 bergbahnen@saas-fee.ch

MORENIA 2550 M

- Wide-ranging menu
- Self-service
- Large sun terrace in the middle of the ski region
- Only open in winter

→ Contact

+41 27 957 18 81 info@morenia.ch morenia.ch

PLATTJEN TERMINUS 2570 M

- Fine cuisine with fresh produce
- Family-friendly mountain restaurant

→ Contact +41 27 957 15 16 lodigiani@plattjen.com plattjen.com

SPIELBODEN 2448 M

- Restaurant with sun terrace
- Varied & trendy menu
- Different culinary events
- → Contact +41 27 957 22 12 bergbahnen@saas-fee.ch spielboden.ch

STEINHÜTTE LÄNGFLUH 2870 M. Ü. M.

- Swiss cuisine
- Spectacular glacier panorama
- Self-service
- Only open in winter

→ Contact

Bergbahnen Saas-Fee +41 27 958 11 00 bergbahnen@saas-fee.ch

SAAS-GRUND

CAFÉ TRIFTALP 2036 M

- Traditional and rustic Alpine specialities
- Ideal destination for a hike

→ Contact +41 27 958 66 16 info@triftalp.ch triftalp.ch

HOHSAAS 3200 M

- Modern mountain restaurant
- Sun terrace with a beautiful view of the four-thousanders
- Cheese specialities, excellent wines from the region and much more
- → Contact +41787890787 info@hohsaas-bergrestaurant.ch hohsaas-bergrestaurant.ch

KREUZBODEN 2398 M

- Large sun terrace
- Self-service
- Varied cuisine
- → Contact +41 27 957 29 45 bergrestaurant@hohsaas.ch

WEISSMIESHÜTTE SAC 2726 M

- Local specialities and Alpine produce
- Magnificent view of 18 four-thousanders
- → Contact

+41 27 957 25 54 huette@weissmieshuette.ch weissmieshuette.ch

SAAS-ALMAGELL

ALMAGELLER ALP 2200 M Ü. M.

- Specialities from Valais
- Cold and warm dishes
- Fresh cakes every day
- Only open in summer

→ Contact

+41 79 629 78 08 almagelleralp.ch

ALMAGELLER HÜTTE 2894 M Ü. M.

- Cold and warm meals
- Only open in summer
- → Contact
- +41 27 957 11 79 almagellerhuette.ch

1900 M

- Restaurant in the magical Weiler Furggstalden
- Wonderful homely feel and charm
- Various culinary delights

→ Contact

+41 27 957 24 43 info@bergerstaurant-alpina.ch bergrestaurant-alpina.ch

HEIDBODME 2838 M

- Panorama view of the Monte Rosa
- Traditional cuisine and Valais specialities
- → Contact +41 79 174 02 20

HOTEL FURGGSTALDEN 1900 M

- Restaurant with sun terrace right by the ski slope
- Swiss cuisine
- → Contact +41 27 957 55 55



Roscht spread

INGREDIENTS

100 gAstra fat spread90 gplain flour30 gwhite sugar

METHOD

 $\rightarrow~$ Melt the Astra fat spread in a frying pan.

- $\rightarrow\,$ Keep adding the flour until it is combined with the grease.
- → Add the sugar. You can adjust the amount of sugar to your liking if you would prefer it to be less sweet, you should use less than 30 grams. The more flour you use, the thicker the spread will be. Therefore, simply adjust the amount according to your taste.
- → The higher the heat when stirring, the darker the spread will be. The same applies to the amount of time. The longer you leave the mixture in the pan, the darker it will become. You should thus heat it according to your own judgment. Spread the warm spread onto the bread immediately and enjoy your breakfast.
- → You can store the Roscht spread in the fridge, but it will then harden. To use again, simply warm it up briefly in the microwave or in a pan.



Coffees/Tea rooms

SAAS-FEE

BACKSTÜBLI

Delicate pastries and confectionery with \rightarrow Contact seating inside and outside.

→ Contact

Obere Dorfstrasse 43 +41 27 957 48 11 tk-produkte.lehner@bluewin.ch

BISTRO4000

Coffee lounge with cosy seating and sun \rightarrow Contact terrace.

→ Contact

Panoramastrasse 1 +41 27 958 50 50 wellnesshostel4000@youthhostel.ch

DOMINO

Large tea room with delicacies from the bakerv.

→ Contact

Bielmattstrasse 19 $+41\,27\,957\,21\,13$ info@hotel-domino.ch hotel-domino.ch

TEA-ROOM IMSENG

Large selection of baked goods from the inhouse bakery.

Dorfstrasse 35 +41 27 958 12 58 info@hotel-imseng.ch hotel-imseng.ch

THE CAPRA LOUNGE

The lounge with special charm.

Lomattenstrasse 6 +41279581358welcome@capra.ch capra.ch

THE SUMMIT COFFEE & LOUNGE

Wide selection of coffee, tea, smoothies and homemade cakes.

→ Contact

Obere Dorfstrasse 38 +41799473064 thesummit3906@gmail.com

12-INCH COFFEE

Urban coffee bar in the heart of Saas-Fee.

→ Contact

Untere Dorfstrasse 42 +76 422 24 89 info@12inch.coffee 12inch.coffee

SAAS-GRUND

LA CABANE

Coffee can be enjoyed here with delicious baked goods from the in-house bakery.

→ Contact

Saastalstrasse 96 +41 27 957 22 98

SAASER BÄCKEREI-KONDI-TOREI

Large selection of freshly baked goods, including Saas specialities.

→ Contact

Saastalstrasse 247 +41 27 957 29 02 saaser-baeckerei@bluewin.ch

TEA ROOM S'TRÄUMLI

Sweet delicacies and a cosy atmosphere.

→ Contact Saastalstrasse 145 +41279571166

SAAS-ALMAGELL

PORTJENGRAT

Small meals and snacks are served here. Relax at the cosy bar, in the bright winter garden or on the garden terrace.

→ Contact

Dorfplatz 3 +41279571010info@portiengrat.ch portjengrat.ch

